

Is there too much conflict and chaos in your home? Are you tired of the frustration?

JOIN US FOR THESE HIGHLY ACCLAIMED WORKSHOPS AND GET THE SUPPORT YOU DESERVE

IS PARENTING STRESSING YOU OUT?



ADHD & EXECUTIVE FUNCTION: UNDERSTANDING THE IMPACT ON LEARNING, MOTIVATION, AND BEHAVIOR©

{Session 1 of Calm and Connected©}

This workshop will help you make sense of:

Why it is so hard for your child to behave as expected

What makes following directions and consistency of behavior so challenging

Why concepts like organization and time management seem to be learned, but not followed

How using rewards and punishments often create more problems than they solve

CALM AND CONNECTED: PARENTING THE CHILD YOU HAVE©

7-Session Workshop

*Includes **ADHD & Executive Function** workshop

Do you need help setting boundaries and motivating your child?

Are you wondering about how to bring some calm and joy back?

Learn tips and tools for . . .

Session 1 - ADHD & Executive Function

Session 2 - Remaining Calm & Connected

Session 3 - Improving Communication

Session 4 - Encouraging Collaboration

Session 5 - Achieving Clarity & Consistency

Session 6 - Effective Consequences

Session 7 - Making Better Choices

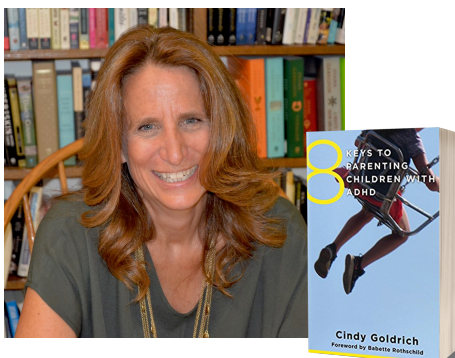
WORKSHOPS OFFERED LIVE IN BOULDER, CO.

AND

VIA LIVE-INTERACTIVE WEBINAR NATIONWIDE

CALL FOR DATES AND TIMES

**VISIT <http://bit.ly/PTSParent> OR EMAIL:
INFO@PTSCOACHING.COM FOR INFORMATION
www.PTScoaching.com**



Cindy Goldrich is a Mental Health Counselor and Board Certified ADHD Coach. She specializes in providing education, coaching and support for parents, educators and mental health professionals to help children with ADHD/ Executive Function Deficits succeed at home, in school, and in life. Author of **8 Keys to Parenting Children with ADHD**, based on her nationally offered workshop series, **Calm and Connected: Parenting the Child You Have©**.