

CAMP SEQUOIA

Camp Sequoia serves children and teenagers age 7-17 who are actively improving their social skills. Many have ADHD and other similar diagnoses who do not need the level of support offered at special needs overnight camps yet need a different experience than a traditional overnight camp can offer. Our 2:5 staffing ratio allows our campers to have fun and grow in a safe and supportive camp environment.

Campers enjoy the best of traditional camping with comforts of home that facilitate a spectacular summer experience. From an indoor heated pool to climate-controlled overnight accommodations to kid-friendly, health conscious food options, our campers are comfortable to have fun, gain confidence and make friends.



"I just wanted to thank you both and the whole Sequoia staff for a wonderful summer.

Our son is not much of a talker and we assumed that as soon as he got in the car he was going to ask for his Nintendo or iPod, but to our surprise all he did was smile and talk about camp. "It was awesome!" were his first words and he kept repeating them whenever he talked about a different trip or an activity.

...Again thank you and your whole team very much... He spent a great summer making friends, learning about himself, learning new things and most important, being happy!!!"

—Rosa D., parent of a 7th-grade camper

OUR STAFF

Under the supervision of a camp leadership team with 25+ years working with exceptional populations, our staff consists of undergraduate and graduate students, teachers and professionals with backgrounds in the fields of education, social work, counseling and similar fields that serve children with social learning needs.



All members of our staff have demonstrated the level of emotional maturity, flexibility, and creativity necessary to ensure each camper's success.

Our comprehensive staff training includes how to integrate Social Cognition concepts and frustration tolerance skills into camp life. Additional training in CPI® (Crisis Prevention and Intervention) allows staff to help campers read body language, understand paraverbal communication, and non-verbal cues.



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**Camp Sequoia is located on
the campus of the Perkiomen School,
an hour outside of Philadelphia**



**Dynamic Summer Camp Experience
For Young Men Improving Social Skills
in a Supportive, Nurturing
and Fun Environment**

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PROGRAMS:

Camp Sequoia allows campers to choose some of their favorite camp activities each week. Some, like our STEM Academy continue through the entire session, while others (like Cooking), campers can select on a weekly basis to expand their horizons and circle of friends. Check out a sample of our programs below and see our website for the full slate of activities and enhanced descriptions.



STEM Academy

Featuring 3-D printing, rocketry, and building with K'NEX and KEVA this popular choice allows campers to build skills and friends through Science, Technology, Engineering and Math.

Backyard Sports/Gaga

Designed to help campers learn how to play games and understand the social expectations of games that would be organized by their peers, this period is very popular with our campers who enjoy being active, but may not enjoy traditional team sports.



Athletic Clinics

Fun, teaching sportsmanship and skills development are priorities during clinics. Clinics include sports such as soccer, baseball, flag football, floor hockey, archery and basketball.

Movie Making

Campers script, edit and act in a short film, shown to the entire camp at our movie festival.

Cooking

Our cooking program features healthy dishes from appetizers to desserts over the course of the summer.



Fishing

Campers fish as a daily activity in the 800+ acre WOW! Green Lane Reservoir and have pulled out Largemouth Bass, Carp and Panfish.

Art & Ceramics

From Found Art to Kiln-fired ceramics to oil and watercolor work, all campers who participate in art & ceramics can display their creations in our art shows.



Guy's Group

(Social Cognition and Frustration Tolerance)

The Guy's Group curriculum is tailored to the specific needs of each age group. Topics covered in Guy's Group include hygiene, puberty and understanding the "hidden rules" and more complex social expectations during adolescence. Situational role-plays, off-site trips, money-management and job-seeking skills are included for our older campers.

Evening Activities

Exciting activities not offered during the day are saved for evening activity period. Special collaborative projects, board games and various active games and off-site adventures happen during the evening activity period.

Trips

From Baseball to Theme Parks to the Beach, our campers go on one major trip per week. This is an excellent opportunity to expand the adventure and to engage with their peers and members of the community in an expanded venue.

