



- ADHD COACHING
- TRAINING
- ADVOCACY

www.potentialwithinreach.com

I help you bridge the gap between your performance and your potential.

Potential Within Reach is a revolutionary ADHD coaching practice for people of all ages. I believe that ADHD is a learning difference and doesn't have to be a debilitating or disruptive disorder.

Everyone with ADHD has unique strengths and abilities. With the right kind of guidance and support, people with ADHD can learn to harness these abilities and reach new levels of success. Together we create a plan of action and work to address any daily challenges that get in the way. My program utilizes state-of-the-art techniques, goal-oriented strategies, as well as evidence informed approaches.

Essentially, I help you achieve your goals, build confidence, get organized, learn crucial life skills, all while developing new home structures and routines that lead to on-going success.

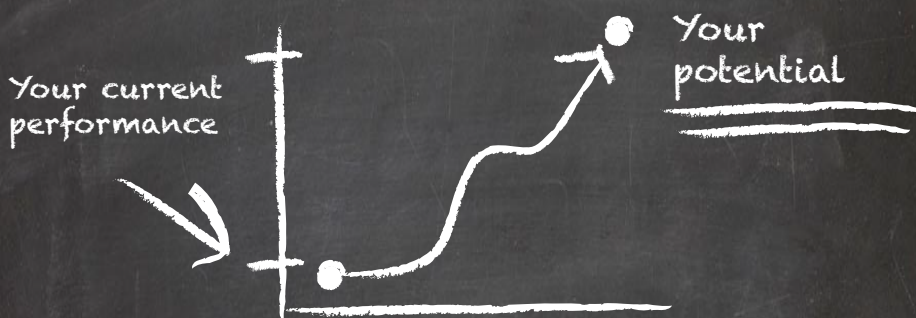
Individual &
Family
Coaching

* Get your FREE
30-min. Strategy
Session/Initial
Consultation



Aaron Smith, LMSW
ADHD Achievement Strategist
& Motivational Coach

LIVE UP TO YOUR POTENTIAL



AREAS OF FOCUS:

- ✓ Behavior/ Work-Life Balance
- ✓ Academic Underachievement
- ✓ Organization/ Procrastination
- ✓ Social Skills/ Relationship Issues
- ✓ Study Skills/ Time management
- ✓ IEP/504/CSE Accommodations

Call (347) 504-0633 or email aaron@potentialwithinreach.com for more info.