

Child Mind Institute Summer Program



The Child Mind Institute Summer Program is a four-week summer treatment program for children ages 5 through 10 who have ADHD or need help with behavioral, learning and social issues.

Children participating in the program will benefit from a higher level of support and expertise from their counselors as they work on goals including:

- Developing and maintaining positive peer relationships
- Improving emotional awareness and regulation
- Maintaining academic progress

PROGRAM DETAILS

Location

The Churchill School and Center
301 East 29 Street, New York, NY 10016

When

- Dates: Monday, July 8 - Friday, August 2
- Time: 9:00am - 3:00pm
- Parent training: Thursdays, 9:30am to 11:30am

HALLMARKS OF OUR PROGRAM

Individual attention

Each child will have an individualized set of goals based on his or her needs. Our small group sizes and 1:2 counselor-to-child ratio allows us to provide frequent feedback and real-time interventions to facilitate behavior change.

Specialized Instruction

Our Summer Program staff includes teachers who are experienced in working with students who have learning and attentional issues. Teachers will help children maintain academic progress to prevent lag, and contribute to an end-of-program report card.

Peer Learning

Children work on developing meaningful friendships and age-appropriate social skills such as:

- Initiating and maintaining conversations
- Problem solving and flexible thinking
- Engaging in structured games and activities
- Playing on a team and being a good sport

Parent Involvement

Weekly on-site training groups for parents, grandparents, babysitters, nannies and other caregivers that focus on helping families learn strategies to reinforce progress at home.

POST-PROGRAM OPPORTUNITIES

Booster Session

A half-day booster session is available for an additional fee. Many parents and families experience this session as a “camp reunion.”

- Friday, August 23, 9:00am - 12:00pm
- Cost: \$300

Follow-up Care

Follow-up care is available at the Child Mind Institute for an additional cost. Treatment options include:

- Continued parent training
- School consultation
- Individual support for your child
- Neuropsychological testing
- Psychiatric consultation

COST

- \$6,800 for the four-week program, includes parent training
- \$100 application fee (non-refundable)
- 10% discount for families who register and pay in full by March 1

How to Apply

Visit childmind.org/summer-program to learn more about our program and complete an online application.

If you have any questions, contact Meg Zager Glick, MSEd, LMSW, at summerprogram@childmind.org or (646) 625-4229.

Enrollment is on a first-registered, first-served basis.

Sign up for our newsletter at childmind.org to learn more about our groundbreaking research and public education initiatives.

FREQUENTLY ASKED QUESTIONS

Who benefits from this program?

Children who have behavioral, learning or social skills difficulties will benefit from this program, as well as children who have had difficulty feeling successful in typical summer camps or programs in the past. Children benefit from a higher level of support from their counselors to practice developing and maintaining positive peer relationships, successfully participating in team sports and working well in a group environment.

Do you offer any assistance to families who cannot afford the program?

The Child Mind Institute has financial aid available for families who qualify. If you have financial need, we will send you a financial aid application. For those families who qualify for financial aid and are traveling from out of town, the Child Mind Institute Cares Fund offers a daily stipend for travel expenses.

Who are the staff and what is the ratio of counselors to children?

The program is directed by Mandi Silverman, PsyD, MBA, and Michelle Kaplan, LCSW. The staff consists of licensed psychologists, social workers, associate psychologists, licensed teachers and a nurse. In addition, we intensively train volunteer counselors in our evidence-based approaches so they can help support the program. There is a ratio of one counselor for every two children.

What is a typical day like at the Child Mind Institute Summer Program?

Each day, children have academic learning time as well as art, recreational and sports activities. We teach a new social skill each day, with opportunities for children to practice with their age-matched peers through role-plays and during each activity. Each child will have his own daily report card with target behavior goals and will work towards being on the honor roll, receiving group awards and other daily privileges. As group conflicts occur, problem-solving discussions will be facilitated within the group. In addition to daily rewards, children will have the opportunity to earn the privilege of attending a field trip every Friday. Field trips will take place at locations around New York City.

What if my child needs medicine throughout the day?

We have a licensed nurse on staff who will administer medication.

About the Child Mind Institute

The Child Mind Institute is an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. Our teams work every day to deliver the highest standards of care, advance the science of the developing brain, and empower parents, professionals and policymakers to support children when and where they need it most. Together with our supporters, we're helping children reach their full potential in school and in life. We share all of our resources freely and do not accept any funding from the pharmaceutical industry. Learn more at childmind.org.

Will I need to pack anything with my child to bring?

Yes, you will need to pack a lunch and water bottle for your child each day. We will provide snacks and additional drinks throughout the day. Children should come dressed ready to play outside and participate in sports activities each day. Please send them in sneakers and socks, with a change of clothes in their backpacks if needed. Once enrolled in the program, additional details will be sent out about field trips.

Is this a nut-free program?

Yes. Children are asked to bring their own lunch each day and those lunches may NOT contain nuts. All snacks that we provide will also be nut-free. Please let us know in advance if your child has any food allergies so that we may make our nurse aware.

MEET OUR PROGRAM DIRECTORS



Michelle Kaplan, LCSW

Michelle Kaplan is a clinical social worker specializing in the evaluation and treatment of ADHD, disruptive behavior disorders, selective mutism, and other anxiety and mood disorders in children and adolescents. She has expertise in cognitive behavioral therapy, parent-child interaction therapy, parent management training and school-based consultation. She has extensive experience working at several therapeutic summer programs for children with mental health and learning disorders. Ms. Kaplan is a graduate of the Silver School of Social Work at New York University.



Mandi Silverman, PsyD, MBA

Dr. Silverman is a clinical and school psychologist with over 13 years of experience in the field. She has specific expertise in the diagnosis and treatment of children and adolescents with ADHD, disruptive behavior disorders and autism spectrum disorders. Dr. Silverman is trained in cognitive behavioral therapy, parent management training, social skills training, anger management training, and school-based consultation and classroom management support. She received her doctorate and masters degrees from Widener University.